

Equine First Aid Guide

This guide was made with the intent to prepare you for an emergency and provide the framework so that you can give quick, accurate, and critical information to your vet in the case of an emergency. It does not replace veterinary assistance but instead helps you communicate effectively with your vet.

I strongly recommend you take an equine first aid course to know how to care for an injured horse, when to call the vet, and how to take the different parameters that your vet will ask for when you call.

I hope you never need this, but if you do, I am sure it will help.

- Chloe, Equestrian Next Door



First Aid Kit Checklist

- Aluminum pan
- Gauze pads – 3-inch square
- Cotton roll
- Gauze roll
- Diapers (Size 5)
- Vetwrap
- Duct tape
- Razors
- Q-tips
- Syringe (20cc min)
- Liquid antiseptic
- Chlorhexidine
- Antiseptic wound spray
- Washcloth
- Plastic wrap
- Epsom salts
- Stethoscope
- Weight tape/tape measure
- Rectal veterinary thermometer - *Label it!*
- Alcohol swabs
- Notepad/pencils (pens can freeze in the winter)
- Hot/cold pack
- Rubbing alcohol
- Latex gloves
- Wet wipes
- Safety scissors
- Flashlight/headlamp
- Paracord
- Garbage bags
- Forceps/tweezers

What's normal for a horse

Temperature

99-101°F (37.5 - 38.5° C)

Pulse

Horse 28-48 bpm

Foals 80-120 bpm

Yearlings 40-60 bpm

Respiration

8-14 breaths per minute

Not sure how to take these?

Check out these resources

[Measuring Temperature, Pulse, & Respiration \(TPR\): What's Normal for My Horse?](#)

[KNOW YOUR HORSE'S VITAL SIGNS](#)

TPR Log

Horse _____ Age _____ Gender _____

Breed _____

Date	Time	Temperature	Pulse	Respiration	Notes

the tiny but important print

Not professional advice

If you need specific advice, please seek a professional who is licensed or knowledgeable in that area.

No guarantee of validity

Although I have done my best to cite reputable sources, I cannot guarantee the validity of any information contained herein.

Limitation of Liability

To the maximum extent permitted by applicable law, I shall not be liable for any indirect, incidental, special, consequential or punitive damage, or any loss of profits or revenues, whether incurred directly or indirectly or other intangible losses, resulting from the information contained herein.

Basically, use at your own risk

Equestrian Next Door

Chloe Rivet ©2021